

Sweeten Your Life The Natural Way...

Oat and Walnut Cookies

Ingredients:

Oats -1 Cup
Refined Flour- ½ Cup
Butter – ½ Cup
Baking Soda – ¼ Teaspoon
Baking Powder – ½ Teaspoon
Walnuts chopped roughly – ½ Cup
Cinnamon Powder – ½ Teaspoon
Egg -1
Naturally Sweet Stevia Blend – 2 tablespoons – 25 gms

Method:

Combine all dry ingredients together
Combine the wet ingredients and beat well
Mix the dry & wet ingredients together and knead into a dough
Break into Golf ball size portions and flatten on the palm.
Transfer on to the baking tray, sprinkle with chopped walnuts on top
Bake for 12 - 14 minutes in a pre-heated oven at 180°C.

Serves: 9 Cookies

Calories: 130kcal/cookie



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Send us your favourite recipe using our Naturally Sweet Stevia and we will send you 2*1Kg when we publish it on our website.

Send your recipe to xorders@xlear.com.au.



The Natural Sugar People
Naturally Sweet
Xlear Australia Pty Ltd